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CALL for participation in the ECCO Topical Review: Road map to optimal peri-operative care in IBD 2021-2022

Context:

The modern perioperative management of patients with IBD requires numerous factors to be considered and optimized. The proper perioperative management of drugs, the correction of nutritional deficits, addressing psychological issues, and improving physical conditions can all contribute to a smooth and successful path through surgery.

The following key questions needs addressing:

- Should steroids, immunomodulatory drugs (AZA,MP,MTX), biologicals (TNFi,Anti Integrins, USTE or small molecules medications be withheld prior to elective colorectal surgery?
- Does correction of anemia /iron deficiency has benefit in post op recovery?
- What is the value of specific nutritional interventions such as immunonutrition in perioperative period?
- What is the role of prehabilitation and psychological optimization in elective IBD surgery

Aim of the project:

The lack of solid evidence and controversial data in multiple areas of this topic will be addressed in this Topical Review:

1. by clearly pointing out 'opinion' versus 'evidence';
2. by using the rigorous standards and protocols comparable to the ones used for the ECCO Clinical Guidelines process - however summarised in the form of a Topical Review instead of a Clinical Guideline.

Workgroups prepare core messages as "Current Practice Positions" which will be discussed and voted on in a plenary meeting to achieve consensus. After the final vote, the manuscript is finalised and published in the *Journal of Crohn's and Colitis* (JCC).

To be selected **for the Workgroups of this Topical Review ECCO members should apply via the link provided below.**

Y-ECCO Members are encouraged to apply with an opportunity to oversee the systematic bibliographic review and further development of e-Learning material.

Working Groups (WGs):

WG 1: Pre-operative use of drugs

- a. Steroids
- b. Immunomodulators
- c. Biologics and small molecules
- d. Antibiotics

WG 2: Perioperative nutritional interventions

- a. Impact of malnutrition
- b. Preop nutritional assessment
- c. Preop nutritional interventions
- d. Immunonutrition



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WG 3: Perioperative psychological and physical rehabilitation

- Pre op correction of anaemia
- Physical prehabilitation, exercise
- Psychological prehabilitation
- Stoma and pouch information

WG 4: Immediate post op multidisciplinary care

- Enhanced recovery principles
- Post op nutrition
- Post of IBD care including follow up and drugs

Timeline:

DATE	ACTION
MAY 2021	Call sent out
JUNE 2021	Selection of applicants and notification of selection
JUNE-AUGUST 2021	Literature research and draft of text First draft of "Current Practice Positions" (incl. first draft of supporting text and recommended summary tables for literature research)
SEPTEMBER 2021	Online voting
OCTOBER 2021	Revision after online voting Final draft of "Current Practice Positions and supporting text"
NOVEMBER 2021	Virtual Consensus Meeting (half day/exact date TBC)
DECEMBER-JANUARY 2022	Finalisation
FEBRUARY 2022	Cross-check by medical writer
MARCH 2022	Submission to JCC

If you are:

- an ECCO Member (in good standing – 2021 membership)
- and are interested in joining one of the Workgroups for this project
- able to commit to a mandatory consensus meeting in November 2021 (exact dates and schedule TBC)

Then please apply online* under the following link. Please use your **ECCO Portal Credentials**: <https://cm.ecco-ibd.eu/cmProposalSubmission/proposal/ASSOC21/TRRoadmap>

Deadline for submission is May 25, 2021

**Data processing consent and retention: By sending an application, you agree to the data processing for the above described project: ECCO Office stores applicants' personal data of this application for the project timeframe. You have the right to object at any time at ecco@ecco-ibd.eu. ECCO Office will delete data securely after the end of this project*

If you have trouble logging in, please contact ecco@ecco-ibd.eu

ECCO is looking forward to your application!