

# Inflammatory Bowel Diseases

D-ECCO Workshop



## Programme 2016-2020

www.ecco-ibd.eu

### 5<sup>th</sup> D-ECCO Workshop

Date: Time: Organisation: Target audience:	Friday, February 14, 2020 08:15-12:25 D-ECCO Dietitians, IBD Nurses, Physicians
Registration:	ECCO Membership 2020 required. No onsite registration.
CME accreditation:	3 CME Credits; prerequisite: completion of the online evaluation form.

# Friday, February 14, 2020 Lehar 4, Ground Level, Reed Messe Wien

(as of January 15, 2020)

08:15 - 08:20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands
08: 20- 09: 30	<i>Session 1: Science, diet and IBD</i> C. Wall, Christchurch, New Zealand L. Godny, Petah Tikva, Israel
08:20 - 08:38	2: Diet, the aryl hydrocarbon receptor and IBD J. Lindsay, London, United Kingdom
08:38 - 08:56	<b>3: Are all fibers created equal?</b> M. Campmans-Kuijpers, Groningen, The Netherlands
08:56 - 09:15	<b>4: Pitfalls in the assessment of diet and dietary</b> <b>patterns</b> K. Gerasimidis, Glasgow, United Kingdom
09:15 - 09:30	5: If studying effects of diet in humans is difficult, what about cell and animal models? Opportunities and challenges E. Wine, Edmonton, Canada
09:30-09:50	Coffee break
	Session 2: Practical clinical nutrition in IBD
09:50-10:50	E. Wine, Edmonton, Canada M. Campmans-Kuijpers, Groningen, The Netherlands
<b>09:50 - 10:50</b> 09:50 - 10:10	
	M. Campmans-Kuijpers, Groningen, The Netherlands 6: Pre-operative nutritional optimization and the outcome of S-ECCO/D-ECCO topical review M. Adamina, Winterthur, Switzerland
09:50 - 10:10	M. Campmans-Kuijpers, Groningen, The Netherlands 6: Pre-operative nutritional optimization and the outcome of S-ECCO/D-ECCO topical review M. Adamina, Winterthur, Switzerland C. Wall, Christchurch, New Zealand 7: Dietary management in patients after pouch surgery

11:10 - 12:20	Session 3: Panel discussion / interactive session L. de Ridder, Rotterdam, The Netherlands D. O'Hanlon, London, United Kingdom R. Sigall-Boneh, Tel Aviv, Israel C. Wall, Christchurch, New Zealand E. Wine, Edmonton, Canada
11:10 - 11:35	9: Diet in the era of biologics – Do we need diet in the era of biologics? R. Sigall-Boneh, Tel Aviv, Israel L. de Ridder, Rotterdam, The Netherlands
11:35 - 11:45	10: Abstract presentation: Nutritional assessment in Inflammatory Bowel Disease (IBD) – Development of the Groningen IBD Nutritional Questionnaires (GINQ) V. Peters, The Netherlands
11:45- 11:55	11: Abstract presentation: Impact of oral ferric maltol and IV iron on health-related quality of life in patients with iron deficiency anaemia and Inflammatory Bowel Disease, and relationship with haemoglobin and serum iron S. Howaldt, Hamburg, Germany
11:55 - 12:20	12: Q&A Session and panel discussion
12:20 - 12:25	13: Closing remarks M. Campmans-Kuijpers, Groningen, The Netherlands

### 4<sup>th</sup> D-ECCO Workshop

Date:	Friday, March 8, 2019
Time:	08:15-12:25
Organisation:	D-ECCO
Target audience:	Dietitians, IBD Nurses, Physicians
Registration:	For registered participants only. No onsite registration.
CME accreditation:	3 CME Credits; prerequisite: completion of the online evaluation form.

Friday, March 8, 2019 Programme overview (as of February 1, 2019) HB4 M1-2, Hall B, Bella Center

08:15 - 08:20	1: Welcome Marjo Campmans-Kuijpers, Groningen, The Netherlands	
08:20 - 09:30	Session 1: Science, diet and IBD Rotem Sigall-Boneh, Tel Aviv, Israel Catherine Wall, London, United Kingdom	
	08:20 - 08:38	<b>2: Breastfeeding and risk of IBD</b> Joana Torres, Lisbon, Portugal
	08:38 - 08:56	<b>3: Diet and microbiome in IBD</b> Marjo Campmans-Kuijpers, Groningen, The Netherlands
	08:56 - 09:15	<b>4: Immunological effects of nutritional interventions in IBD</b> Dror Shouval, Tel Hashomer, Israel
	09:15 - 09:30	5: Growth and bone health in patients with IBD David Wilson, Edinburgh, United Kingdom
09:30 - 09:50	Coffee break	
09:50 - 10:50	Session 2: Practical clinical nutrition in IBD Marjo Campmans-Kuijpers, Groningen, The Netherlands Arie Levine, Tel Aviv, Israel	
	09:50 - 10:10	6: Patients' and carers' perception about the role of diet in IBD Konstantinos Gerasimidis, Glasgow, United Kingdom
	10:10 - 10:30	7: Novel dietary treatments for IBD – how to advise the patient Rotem Sigall-Boneh, Tel Aviv, Israel
	10:30 - 10:50	8: Tandem talk: The future IBD clinic – the role of dietitian and nurse in the management of IBD patients Kay Greveson, London, United Kingdom Catherine Wall, London, United Kingdom
10:50 - 11:10	Coffee break	

**Friday, March 8, 2019, cont.** Programme overview (as of February 1, 2019) HB4 M1-2, Hall B, Bella Center

11:10 - 12:20	Session 3: Panel discussion – Cases & questions from the audience Konstantinos Gerasimidis, Glasgow, United Kingdom (Moderator) Jackie Falconer, London, United Kingdom Arie Levine, Tel Aviv, Israel James Lindsay, London, United Kingdom Miranda Lomer, London, United Kingdom Lisa Younge, London, United Kingdom		
	Abstract presentations		
	11:10 - 11:20	9: Abstract 1: Development of an inflammatory bowel disease specific nutrition screening tool (IBD-NST) Catherine Wall, London, United Kingdom Presented as P599 in the poster exhibition	
	11:20 - 11:30	10: Abstract 2: Microencapsulated Sodium Butyrate significantly modifies the microbiota in patients with Inflammatory Bowel Disease mimicking prebiotic activity and proving effects on the treatment of the disease Sonia Facchin, Padova, Italy Presented as P655 in the poster exhibition	
	Case presentations and panel discussion		
	11:30 - 11:37	11: Nutritional factors in transitional IBD Shameer Mehta, London, United Kingdom	
	11:37 - 11:47	Panel discussion	
	11:47 - 11:54	12: Pre-operative nutritional optimisation in stricturing Crohn's Disease Dearbhaile O'Hanlon, London, United Kingdom	
	11:54 - 12:04	Panel discussion	
	12:04 - 12:11	13: Complications secondary to intravenous iron infusion in PIBD patient Richard Russell, Glasgow, United Kingdom	
	12:11 - 12:20	Panel discussion	
12:20 - 12:25	14: Closing remarks Konstantinos Gerasimidis, Glasgow, United Kingdom		

### 3<sup>rd</sup> D-ECCO Workshop

Date:	Friday, Feb. 16, 2018
Time:	08:30-12:25
Organisation:	D-ECCO Working Group
Target audience:	Dietitians, IBD nurses, physicians
Registration:	For registered participants only. No onsite registration
CME accreditation:	3 CME credits, upon return of an evaluation form filled in online

**Friday, February 16, 2018** Programme overview (as of January 15, 2018) – Lehar 4, Congress Centre, Messe Wien

08:30 - 08:36	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel	
08:36 - 09:40	Session 1: Case-based presentations Gerassimos Mantzaris, Athens, Greece Rotem Sigall-Boneh, Tel Aviv, Israel	
	08:36 - 08:52	<b>2: Obesity in IBD</b> Miranda Lomer, London, United Kingdom
	08:52 - 09:08	<b>3: Nutritional assessment</b> Konstantinos Gerasimidis, Glasgow, United Kingdom
	09:08 - 09:24	<b>4: Management of stoma</b> Nicolette Wierdsma, Amsterdam, The Netherlands
	09:24 - 09:40	5: Complications arising out of (mal)nutritionally induced Refractory Disease Gerassimos Mantzaris, Athens, Greece
09:40 - 10:00	Coffee break	
10:00 - 11:00	<i>Session 2: Diet and Ulcerative Colitis</i> Miranda Lomer, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands	
	10:00 - 10:20	<b>6: Dietary pathogenesis in Ulcerative Colitis</b> Chen Sarbagili, Tel Aviv, Israel
	10:20 - 10:40	<b>7: From pharma to farma in IBD</b> Arie Levine, Tel Aviv, Israel
	10:40 - 11:00	<b>8: Probiotics and Ulcerative Colitis</b> Ailsa Hart, London, United Kingdom
11:00 - 11:20	Coffee break	

**Friday, February 16, 2018, cont.** Programme overview (as of January 15, 2018) – Lehar 4, Congress Centre, Messe Wien

11:20 - 12:00	<b>Session 3: Supplements in IBD</b> Konstantinos Gerasimidis, Glasgow, United Kingdom Arie Levine, Tel Aviv, Israel	
	11:20 - 11:40 <b>9: Dietary supplements in IBD</b> Rotem Sigall-Boneh, Tel Aviv, Israel	
	11:40 - 12:00 11:40 - 12:00 10: A case for and against oral iron in IBD: Tandem talk Charlie Lees, Edinburgh, United Kingdom Richard Russell, Glasgow, United Kingdom	
12:00 - 12:20	11: Panel discussion/Q & A Ailsa Hart, London, United Kingdom Charlie Lees, Edinburgh, United Kingdom Gerassimos Mantzaris, Athens, Greece Richard Russell, Glasgow, United Kingdom Chen Sarbagili, Tel Aviv, Israel	
12:20 - 12:25	12: Closing remarks Nicolette Wierdsma, Amsterdam, The Netherlands	

### 2<sup>nd</sup> D-ECCO Workshop

Date:	February 17, 2017
Time:	08:30-12:30
Organisation:	D-ECCO Working Group
Target audience:	Dietitians, IBD nurses, physicians
Registration:	For registered participants only. No onsite registration
CME accreditation:	3 CME credits, upon return of an evaluation form filled in online

**Friday, February 17, 2017** Programme overview (as of January 16, 2017) – Room 118+119, Level 1, CCIB

08:30 - 08:35	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel	
08:35 - 09:40	Session 1: Nutritional science in IBD Rotem Sigall-Boneh, Tel Aviv, Israel Nicolette Wierdsma, Amsterdam, The Netherlands	
	08:35 - 08:55	2: Biology of SCFA Konstantinos Gerasimidis, Glasgow, United Kingdom
	08:55 - 09:15	<b>3: Food additives - a role in IBD?</b> Arie Levine, Tel Aviv, Israel
	09:15 - 09:35	<b>4: Diet and microbiome</b> Jeroen Raes, Ghent, Belgium
	09:35 - 09:40	Q&A
09:40 - 10:00	Coffee break	
10:00 - 11:05	<i>Session 2: Clinical nutrition in IBD</i> Kevin Whelan, London, United Kingdom Arie Levine, Tel Aviv, Israel	
	10:00 - 10:20	5: The role of diet in pre- and post-surgical management Miranda Lomer, London, United Kingdom
	10:20 - 10:40	6: Enteral nutrition in adults: Has anything changed? Walter Reinisch, Vienna, Austria
	10:40 - 11:00	<b>7: Case presentation – dietitian's view</b> Nicolette Wierdsma, Amsterdam, The Netherlands
	11:00 - 11:05	Q&A
11:05 - 11:20	Coffee break	
11:20 - 12:25	<i>Session 3: Diet and nutritional aspects of IBD</i> Miranda Lomer, London, United Kingdom Konstantinos Gerasimidis, Glasgow, United Kingdom	
	11:20 - 11:40	<b>8: Calcium, Vitamin K2 and Vitamin D</b> Tibor Hlavaty, Bratislava, Slovakia
	11:40 - 12:00	<i>9: EEN – not what you are used to</i> Rotem Sigall-Boneh, Tel Aviv, Israel
	12:00 - 12:20	10: Food related quality of life and the patient's perspective on diet Kevin Whelan, London, United Kingdom
	12:20 - 12:25	Q&A
12:25 - 12:30	11: Closing remarks Konstantinos Gerasimidis, Glasgow, United Kingdom	

### 1<sup>st</sup> D-ECCO Workshop

Date: Time: **Organisation: Target audience: Registration:** 

March 18, 2016 08:30-12:30 D-ECCO Working Group Dietitians, IBD nurses For registered participants only. No onsite registration.

# Friday, March 18, 2016 Programme overview (as of February 15, 2016)

Room E102, Level 1, RAI Amsterdam

08:30 - 08:35	<b>1: Welcome</b> Rotem Sigall-Boneh, Tel Aviv, Israel	
08:35 - 09:40	Session 1 Miranda Lomer, London, United Kingdom Rotem Sigall-Boneh, Tel Aviv, Israel	
	08:35 - 08:55	2: Diet, environment and genetics in IBD Arie Levine, Tel Aviv, Israel
	08:55 - 09:15	<b>3: Microbiota and IBD</b> Philippe Seksik, Paris, France
	09:15 - 09:35	4: Nutritional assessment in IBD patients Konstantinos Gerasimidis, Glasgow, United Kingdom
	09:35 - 09:40	Panel Q&A
09:40- 10:00	Coffee break	
10:00 - 11:05	Session 2 Nicolette Wierdsma, Amsterdam, The Netherlands Philippe Seksik, Paris, France	
	10:00 - 10:20	5: Exclusive and partial enteral nutrition in IBD Richard Russell, Glasgow, United Kingdom
	10:20 - 10:40	<b>6: New dietary therapies in IBD</b> Rotem Sigall-Boneh, Tel Aviv, Israel
	10:40 - 11:00	<b>7: Iron deficiency anaemia in IBD</b> Charlie Lees, Edinburgh, United Kingdom
	11:00 - 11:05	Panel Q&A
11:05 - 11:20	Coffee break	

**Friday, March 18, 2016, cont.** Programme overview (as of February 15, 2016) Room E102, Level 1, RAI Amsterdam

11:20 - 12:25	<b>Session 3</b> Konstantinos Gerasimidis, Glasgow, United Kingdom Petra Tap-Zandkuil, Woerden, The Netherlands	
	11:20 - 11:40	8: Dietary treatment of functional symptoms in IBD Miranda Lomer, London, United Kingdom
	11:40 - 12:00	9: Dietary treatment in short bowel syndrome/intestinal insufficiency Nicolette Wierdsma, Amsterdam, The Netherlands
	12:00 - 12:20	<b>10: The evidence for fibre and prebiotics in IBD</b> Kevin Whelan, London, United Kingdom
	12:20 - 12:25	Panel Q&A
12:25 - 12:30	11: Closing remarks Arie Levine, Tel Aviv, Israel	