

6th N-ECCO School, Barcelona 2015

Once again we can celebrate the success of the N-ECCO School!

Attended by 33 nurses from 17 countries, the School covered a range of IBD topics. The aim of the School is to enhance basic knowledge in a clear and precise manner in order to equip nurses new to IBD, or those with an interest in the subject, with the knowledge required to better support IBD patients throughout Europe. In addition, the N-ECCO School has come to serve as a great networking opportunity for this group of nurses, enabling them to share experiences and plans for furthering their careers.

The programme for the N-ECCO School 2015 was based on experiences in previous years and the evaluations from 2014. International clinicians and nurses were invited as presenters.

Mayur Garg clearly set the scene in his talk on anatomy, physiology and diagnosis in IBD. He was followed by former N-ECCO Committee Chair, Marian O'Connor. She talked about the assessment tools used in IBD and how nurses play a key role here.



After the coffee break, André D'Hoore managed to explain the complexities of IBD surgery simply. He was followed by Ailsa Hart, who gave an excellent presentation covering medical treatment in IBD and the need to use the "right drug at the right time". If drugs are to have the expected effect, patients need to adhere to the prescribed treatment. Palle Bager gave an introduction to adherence among IBD patients, regarding both treatment and other issues.

After lunch the participants were split into two groups and parallel case-based workshops were held. Andreas Sturm led the workshop on UC and Janneke van der Woude led the one on CD.

Finally, Ailsa Hart returned to give a talk on nutritional aspects in IBD. This topic was also part of the N-ECCO Network Meeting programme the next day. She was followed by Lydia White, who proposed that the IBD nurse is capable of going to "infinity and beyond".

As always, we shall use the evaluation forms articulating your thoughts and needs to plan next year's N-ECCO School. This feedback is invaluable in order to build upon the School's success and to ensure that it continues to make an outstanding contribution to IBD nurse knowledge and IBD patient care across Europe.



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N-ECCO would like to thank the participants and N-ECCO National Representatives for their contributions in making the School such a success once again.

We look forward to nominations for the 7th N-ECCO School to be held in Amsterdam in 2016.

Palle Bager

N-ECCO Committee Member