



## ECCO-EFCCA Patient Guidelines PRESS RELEASE

### ECCO'17 Launch ECCO-EFCCA Patient Guideline Translations

# Launch at the 12<sup>th</sup> Congress of ECCO – Inflammatory Bowel Diseases (Barcelona, February 15–18, 2017)

The highly anticipated translations of the ECCO-EFCCA Patient Guidelines have been completed and will be launched in February 2017 at the 12<sup>th</sup> Congress of ECCO in Barcelona.

The ECCO Guidelines on UC and CD are considered the reference for practice by a majority of the specialist IBD units in Europe. Translating these guidelines from medical

language to lay offers patients and physicians a background common knowledge that may facilitate dialogue, understanding and common involvement in decision making. Health education has been shown to be a crucial contributor to the strength and empowerment needed to manage well a disease and its impacts on quality of life.

Following on from the 2016 press conference releasing the ECCO-EFCCA Patient Guidelines in English, the



ECCO National Representatives and Patient Association Representatives Meeting, December 9, 2016 © ECCO

Guidelines are now being launched in a further 29 languages of ECCO and EFCCA Country Members, with the aim of overcoming language barriers and filling the gaps in knowledge. The review process has been a collaboration between patient representatives and physician representatives from each country, conducted with the vision of enhancing the translations on the basis of the feedback received. It has been a challenging yet rewarding task for all those involved.

ECCO and EFCCA have set up the website publications in order to make the respective downloads available in exchange for registration of the user's email address, which will allow later follow-up. As of February 2017, the translations will be promoted through various channels (EFCCA website, national IBD patient websites, ECCO Website, ECCO News, ECCO eNewsletter, EFCCA Magazine, patient journals, social media, etc.), giving them high visibility for the launch at the ECCO'17 Congress in Barcelona. During the 12<sup>th</sup>





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Congress of ECCO in Barcelona, delegates will have the opportunity to download and read the translations at the e-Terminals located at the ECCO Booth.

The translations are a key step in increasing the number of patients throughout Europe who are able to use the ECCO-EFCCA Patient Guidelines and to understand IBD. When patients are informed and active, their relationship with health professionals is likely to be more inclusive, and communication can be optimised. Best patient care is ultimately the shared aim of us all. Together there is a greater potential for tackling healthcare challenges.

#### **About ECCO**

The European Crohn's and Colitis Organisation (ECCO) is the largest forum for specialists in IBD in the world. ECCO is a highly active non-profit association focussing on IBD that acts within Europe and encourages collaborations beyond Europe's borders. ECCO produces highly regarded scientific guidelines, organises educational activities, promotes research and represents IBD specialists in gastroenterology, surgery, paediatrics, pathology, radiology and allied professions. ECCO works with patient associations and industry to reduce the burden of disease for patients.

#### About the 12th Congress of ECCO

Around 6,000 delegates are expected to join the 12<sup>th</sup> Annual Congress of ECCO in Barcelona on February 15–18, 2017. The Annual Congress of ECCO is the largest IBD Congress in the world. Find more information at <a href="https://www.ecco-ibd.eu/ecco17">www.ecco-ibd.eu/ecco17</a> and watch the teaser for the 2017 Congress <a href="https://www.ecco-ibd.eu/ecco17">here</a>.

#### **About EFCCA**

The European Federation of Crohn's & Ulcerative Colitis Associations (EFCCA) is an umbrella organisation representing 33 national patient associations from 30 European countries and 3 associate members from outside Europe. EFCCA aims to work to improve life for people with IBD and to give them a louder voice and higher visibility across Europe and beyond.





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